

**Find Yourself In The Land Of Contrasts**  
**Iceland**  
**August 7th - August 12th, 2017**

When what we expect to clash comes together the results are magnificent. Witness the wild experience of fire on ice that has formed this magical island and put yourself into the center of these life-altering energies. Together we will travel for six days and five nights through a journey that will clear your mind, connect you to your spirit, and awaken your potential,

**Under six hours from New York City is another world. Join us in exploring the glaciers, volcanos and lagoons of Iceland and find yourself as you dive deeper into nature. This six-day retreat will open your soul and connect you to your spirit in ways you've yet to experience.**

\$2,396 (based on 15 people attending), Single room supplement is \$450, Triple room discount is \$100/ per person, non-refundable \$500 deposit to hold your spot due March 1st, Balance due May 15th

Retreat Includes:

Magnificent and breathtaking nature starting with the famous Blue Lagoon outdoor geothermal spa and moving on to Krysuvik where solfataras, fumaroles, mud pots and hot springs have formed and the soil is bright yellow, red and green.

Tour of Reykjavik's stunning landmarks, Hallgrimskirkja church, harbor and famous 101 Reykjavik neighborhood. We'll visit the Golden Circle world-famous Geyser, spot by the Gullfoss waterfall and visit the Thingvellir National park considered one of the geological wonders of the world. Here you can see the effects of the tectonic plate movements which have opened various cracks and fissures in the earth's crust.

Our biggest excursion will be to the Snæfellsnes peninsula known for its towering glacier. We'll stop in two small villages and enjoy the fishing culture. Finally, we'll visit Landmannalaugar, an unforgettable journey over lava fields and moon-like landscape.

- 4 days of excursions on a private bus with English speaking guide
- 5 nights accommodations in 3 star hotels
- Breakfast daily, Three dinners, and Four lunches
- Entrance to the Blue Lagoon
- Entrance to the Skogar museum

-Horseback riding tour with coffee and traditional homemade cake (Kleina):  
Yoga, Mediation, Healing

**BOOK NOW! — THIS RETREAT WILL SELL OUT**